

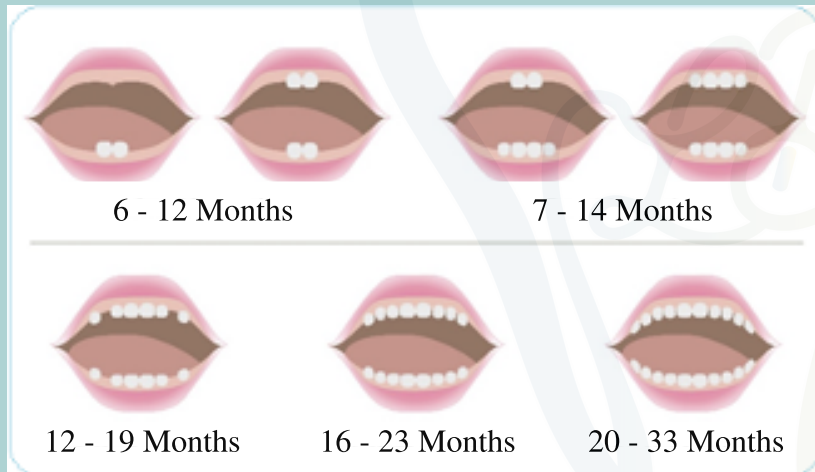


Teeth Guide

Birth to 3 years old

Tooth Eruption

At around 6 months, you may see some of your child's baby teeth coming in. Don't worry if teeth arrive 1 or 2 months earlier or later. The first teeth you will see are the lower front teeth. By the age of 2-3 years old, most children will have all 20 baby teeth.



Caring For Baby Teeth

Start taking care of baby teeth as soon as possible. This will help your child learn healthy habits about oral hygiene. By keeping healthy baby teeth, you will protect the permanent adult teeth.

Clean all baby teeth at least two times every day as well as after meals. The best times are in the morning or at night. Children can drink water after breastfeeding or bottle feeding to help rinse away the milk.

Healthy Habits

When it comes to oral care, healthy habits start as soon as your child is born. After each feeding, children should drink water to help clean their mouths. Remember, never let the child go to sleep with a bottle in his or her mouth.

Children should visit a dentist for an evaluation at around the age of 1. If you suspect or have concerns about your child's oral health or teeth development, contact the dentist or physician as soon as possible.